

directions Directions Youth Health Centre

Te Whare Hauora mo te Taiohi

Summer Newsletter

February 2014



with what's happening at Directions Youth Health Centre.

Welcome to our very first E-newsletter, designed to keep you up to date

In this issue, we have a message from our manager and you also get to hear from some of the staff on things happening in the office!

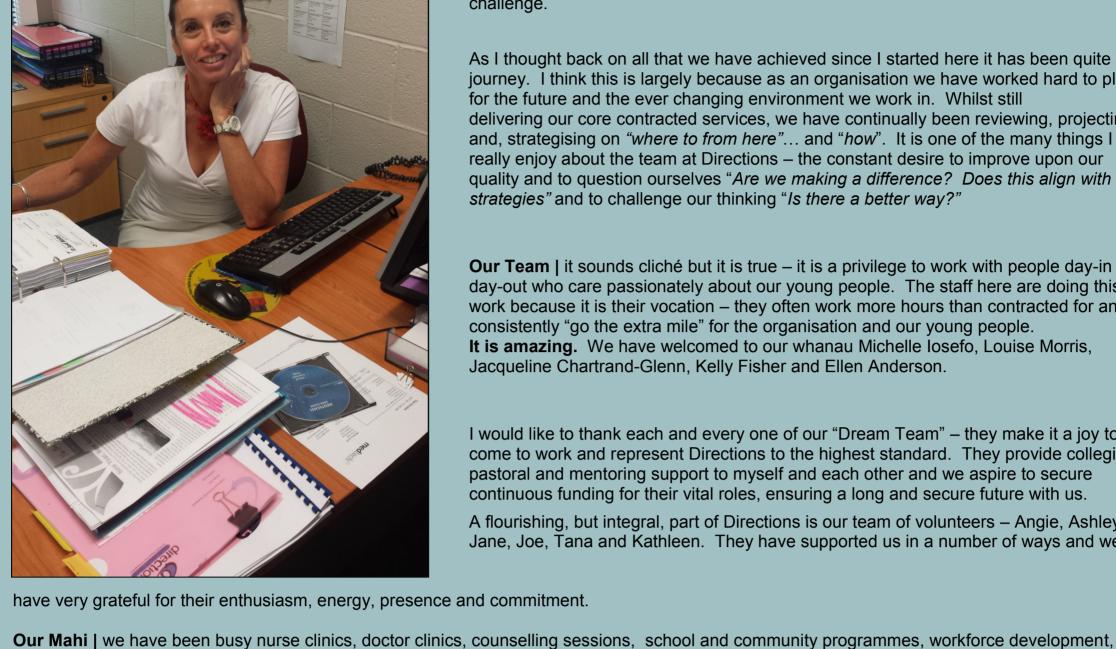
If you have any questions or queries about any services we provide or any groups we work with feel free to contact us at admin@directions.org.nz

FOR MORE INFO CALL US: 06 871 5307

Manager's Corner

challenge.

www.directions.org.nz



As I thought back on all that we have achieved since I started here it has been quite a journey. I think this is largely because as an organisation we have worked hard to plan for the future and the ever changing environment we work in. Whilst still delivering our core contracted services, we have continually been reviewing, projecting

and, strategising on "where to from here"... and "how". It is one of the many things I

Hi ... Michelle has asked me to update my blurb and I am staggered how quickly time as

passed by. We a busy team here at Directions – but that's fine ... we're up for the

really enjoy about the team at Directions – the constant desire to improve upon our quality and to question ourselves "Are we making a difference? Does this align with our strategies" and to challenge our thinking "Is there a better way?" Our Team | it sounds cliché but it is true – it is a privilege to work with people day-in and day-out who care passionately about our young people. The staff here are doing this work because it is their vocation – they often work more hours than contracted for and

consistently "go the extra mile" for the organisation and our young people.

Jacqueline Chartrand-Glenn, Kelly Fisher and Ellen Anderson.

It is amazing. We have welcomed to our whanau Michelle Iosefo, Louise Morris,

pastoral and mentoring support to myself and each other and we aspire to secure continuous funding for their vital roles, ensuring a long and secure future with us. A flourishing, but integral, part of Directions is our team of volunteers – Angie, Ashley, Jane, Joe, Tana and Kathleen. They have supported us in a number of ways and we

I would like to thank each and every one of our "Dream Team" – they make it a joy to come to work and represent Directions to the highest standard. They provide collegial,

And so begins another year ...

"Each generation goes further than the generation preceding it because it stands on the shoulders of that generation.

You will have opportunities beyond anything we've ever known."

- Ronald Reagan

youth development, organizational audits and reviews. We believe the growth in access has been in part to the broadening of our service

provision base to represent a multi-disciplinary approach – again representative of the growth of our Social Services team.

Sue Taaffe

Ka Kite Ano

out of being a hard up student gaining a Bachelors of Education and a Bachelors of Social Practice. I went from teaching in Early childhood to working in Child Youth and Family. Recently just left Youth Services to join the team here at Directions and after 11 years in Auckland I am

Welcome Re-nee

happy to be back in the Bay. Looking forward to learning more about Youth Health. Mauri Ora

Hey Guys! Born and raised in Gore, Southland, spent most of my growing up years riding bikes

with no brakes, swimming in the Mataura river and working in shearing sheds. I've made the most

Y.A.H.G

What is it?

When is it?

environment.

What is it? A group where young

gender-diverse people, that includes e.g.;

Wanna know more? Contact Michelle (Youth Worker) on (06) 8715307 or email youth@directions.org.nz

in new activities and make new friends. YAHG also provides consultations for outside organisations and agencies.

Youth and Hauora Group (YAHG) provides a fun way to work with other young people, gain skills, participate

socialise, and just be themselves in a fun, friendly, safe and confidential

When? The group will run every second week/fortnightly from 5-7pm

LGBTIQ Group Directions Diversity Group:

Fortnightly Meetings on Thursdays 4.30pm - 5.30pm

Interested or want to know more? Contact Ellen (Youth Worker) on (06) 871 5307 or email len@directions.org.nz *Trans - Is an umbrella term for

whakawahine, tangata ira tane, FtM (Female to Male), MtF (Male to Female), transsexual, fa'afafine, transgender,

people who identify as Lesbian, Gay, Bisexual, Trans*, Intersex*, Queer*, or Questioning can support, inform,

whakawahine, transmen, transwomen, akava'ine, leiti, genderqueer and gender-neutral people. *Intersex- Is a general term used for a variety of differences in which a person is born with a reproductive or sexual anatomy I that don't seem to fit traditional societal definitions of female or male.

everybody.

*Queer- Is a reclaimed word that represents sexuality and gender difference. We use it to include lesbian, gay,

Manager sue.taaffe@directions.org.nz **Alison Bennett** Doctor healthcare@directions.org.nz **Louise Morris**

Sue Taaffe

Nurse

Directions Youth

Health Centre

TEAM MEMBERS

healthcare@directions.org.nz **Jacqueline Chartrand-Glenn** Counsellor Jacqueline@directions.org.nz **Kelly Fisher** Counsellor Kelly@directions.org.nz **Charmaine Tuhaka** Social Worker socialworker@directions.org.nz Re-nee Karena Social Worker re-nee@directions.org.nz Michelle losefo Youth Worker youth@directions.org.nz **Ellen Anderson** Youth Worker ellen@directions.org.nz **Annaleise Murray**

Peer Support/Administration admin@directions.org.nz

bisexual, transgender, intersex, fa'afafine, and takataapui identities, as well as everyone questioning, in between and not sure. Although this word is used by many people, particularly youth, it is also appreciated that it is not the preferred term for

9am - 4.30pm Monday: Tuesday: no appointments Wednesday: 9am - 12noon

Hastings Clinic Times

9am - 5pm

9am - 4pm

9am - 1pm

9am - 3.30pm

9am - 4pm

9am - 4pm

9am - 4pm

9am - 4pm

12noon - 5.30pm

Open Hours

Mon - Friday:

Nurse Clinics

Thursday: (appointment only)

Friday: (Drop In Clinic - Summer Hours) Summer Hours finish Friday 21st March 2014 -Normal clinic hours will resume the following Friday)

Doctor Clinic

Tuesday: 10.50am - 4pm (strictly appointment only)

Monday: Tuesday: Wednesday:

Counsellor Clinics

9am - 3.30pm 10.30 - 3.30pm 9am - 3.30pm Thursday:

Friday: (appointment only)

Social Worker

Wednesday: Thursday:

Monday:

Tuesday:

Youth Workers

9am - 4pm Monday: Tuesday: 9am - 4pm Wednesday: 9am - 4pm

Friday:

Thursday: 10am - 4pm 12pm - 7.30pm (Drop In Clinic - Summer Hours) (Summer Hours finish Friday 21st March 2014 -Normal clinic hours will resume the following Friday)

Are a certified cervical smear taker

Open Hours

Wednesday:

(Nurse Clinics Only)

Friday:

Napier Clinic Times

12.30pm - 4.30pm

12.30 pm - 4.30pm



OUR COUNSELLOR KELLY IS IN NAPIER

- WHATS IN THE BAY?
- **Saturday 1 March International Cultures Day** (Cornwall Park, Hastings 11am to 3pm) -Celebrating diverse cultures in Hawkes Bay by performing songs and dances, taste traditional food and meet new people for other countries.
- **Saturday 1 March to Sunday 2 March HB Relay** for Life – Cancer Society (Farndon Park, Clive 2pm start, finish Sunday 10am) - Family and friends relay event to walk for 20

hours to raise funds for Cancer Society.

Sunday 9 March Tremain Triathlon

person team.

(Pandora Pond start) 600m swim or 1700m kayak then 20km cycle then 5km run/walk. \$100 per 3

Vacancies and Opportunities We have a part time nursing position available (two afternoons per week) based in our Napier clinic.

We are Hawke's Bays' "Youth One Stop Shop" providing youth-focused and youth-friendly health and well-being services to 10-24 year olds If you are passionate about youth health and: • Have previous clinical nursing experience of more than 3 years

 Are a certified vaccinator/immuniser And able to work competently and autonomously

• Have an understanding of/or experience working under standing orders

- Applications close Wednesday 5th March 2014 at 5pm Applicants for this position should have NZ residency or a valid NZ work visa. To apply or for more information email Sue Taaffe (sue.taaffe@directions.org.nz)

To remove your name from our mailing list, please <u>click here</u>